### WHAT IS EARLY INTERVENTION?

Early Intervention services are intended to support parents in their efforts to enhance the development of young children with special needs. Each family is different, just as no two children are the same. Therefore, your goals for participating in Early Intervention will be determined by your needs, interests, and personal circumstances.

Early educational/ developmental skills

### Screening

### Evaluation

- Intervention with an Individualized Family Service Plan (IFSP) or an Individualized Education Plan (IEP)
- Home-based, preschool classroom-based, child care & school- based services
- Parent information/ referral to resources

• • • • • • • • • • • • •

### WHO IS ELIGIBLE?

Eligibility for services is based on individual need and will be determined after a complete evaluation is done for each child. If you have concerns about your child's development or a specific diagnosed condition, you should call to set up an appointment for a screening/ evaluation. Starting intervention services early improves a child's ability to develop and learn. It may also prevent or decrease the need for special help later. Dare County & Currituck County Local Interagency Coordinating Council (LICC)

The LICC is a collaborative partnership among parents, caregivers, and public & private agencies to promote an effective Early Intervention System in Dare County and Currituck County. Dare County & Currituck County Local Interagency Coordinating Council (LICC)

# Your child's early steps are important



Learn the Signs. Act Early.

# Your child's early steps are important

As they grow, children are always learning new things. These are just some of the things you should be looking for as your child grows. Because every child develops at his or her own pace, your child may reach these milestones slightly before or after other children the same age. Use this as a guide, and if you have any concerns, talk with your child's doctor or nurse, or call one of the early intervention agencies.

### **MOTOR MILESTONES**

### 6 months

- Rolls from tummy to back
- Pushes up with straight arms when on tummy
- Leans on hands to support themselves when sitting .

### 10 months

- Pulls up to stand .
- Crawling on hands and knees

### 12 months

- Walks, holding on to furniture
- Drinks from a cup without a lid, as you hold it
- Picks things up between thumb and pointer finger, like small bits of food

### 15 months

Walks without holding on to anyone or anything .

### **18 months**

- Scribbles
- Drinks from a cup without a lid and may spill . sometimes
- Feeds themselves with their fingers
- . Tries to use a spoon
- Climbs on and off a couch or chair without help .
- . Walks quickly

### 24 months

- Kicks a ball .
- Walks (not climbs) up a few stairs with or without help
- Eats with a spoon .

### SOCIAL AND EMOTIONAL MILESTONES

### 6 months

- . Responds to your smile and sometimes laughs when looking at you
- Responds to your affection and may begin to show you signs of affection
- Has improving vision, and is getting more curious about what they are seeing
- . Plays with sounds and may babble
- Wants you and no one else, a lot of the time

### 12 months

•

•

•

- Responds to their name • when called •
  - bies and children
  - pendent. May seem suborn or frustrated when cannot do somethings themselves
- Imitates sounds, actions, and facial expressions from other children and adults.
- Gives affection by hugging and kissing.

### 18months

- •
- Is interested in other ba-
- Is becoming more inde-

## Likes to talk and is using

By Mayo Clinic Staff

Babble and make a variety of sounds

Notice that some toys make sounds

Try imitating speech sounds

Say as many as 10 words

Make gurgling sounds when playing with you or left alone

Use his or her voice to express pleasure and displeasure

Say a few words, such as "dada", "mama", and "uh-oh"

Understand simples instructions, such as "come here"

Recognize names of familiar people, objects and body parts

Ask one- to two- word questions, such as "Go bye-bye?"

Speak well enough to be understood at least half the time

Follow simple commands and understand simple questions

Recognize words for common items, such as "shoe"

Follow simple directions accompanied by gestures

Turn and look in the direction of sounds

Use simple phrases, such as "more milk"

Speak about 50 or more words

by you or other primary caregivers

Move his or her eyes in the direction of sounds

Respond to changes in the tone of your voice

SPEECH MILESTONES

6 months

12 months

18 months

24 months

.

.

.

.

.

.

.

.

.

.

.

.

.

.

.

- more words everyday. Likes to help with simple household tasks
- Has specific likes and dis-
- Recognizes self in pictures • or mirror
- Likes playing near other children but not with them vet1

#### 24 months • Wants to do every-

thing themselves, even though they can't

By Ages and Stages

- Has a hard time waiting.
- Enjoys simple pretend . play (ex. Cooking or talking on the phone)
- ٠ tines in the home
- Starting to learning to . play with other children

### Contact one of the following agencies if vou are concerned about vour child's development

### **Children's Developmental Services Agency**

(serving Dare & Currituck) Ages Birth– 3 years (252) 338-4044

### **Currituck County Schools**

Ages 3-5 years (252) 232-2223

### **Dare County Schools**

Ages 3-5 years (252) 261-2313

### **Albemarle Regional Health Services**

### **Currituck County Health Department**

### (Care Coordination for Children)

Ages Birth- 5 years

### (252) 232-2271

### **Dare County Department of Health &**

### Human Services-Public Health

(CMARC- Case Management for At Risk Children)

Ages Birth- 5 years

(252) 475-5018

### Albemarle Alliance for Children & Families

(Family Support Network of NENC)

(252) 333-1233

### **Children & Youth Partnership for Dare County**

(Family Support/ Parenting Programs)

(252) 441-0614

- - - Is learning about rou-

- - •
  - likes